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CONTACT:

Dr. Daniel Thomas
P.O. Box 623375
Oviedo, FL 32762-3375
Telephone: (407) 781-2990

Troubling New Study Discovers Testosterone Levels Plunging Across America

Orlando, FL – Testosterone is a hormone vital to both men and women, not only for sexual function, but also for metabolism, rejuvenation and repair of the body, and overall well-being. But according to a study published in the January 2007 issue of the *Journal of Clinical Endocrinology & Metabolism*, overall testosterone levels in the U.S. have been rapidly falling for the last 20 years. Low testosterone has been associated with heart disease, depression, obesity, diabetes, and Alzheimer's. And a study published in the August 2006 issue of the *Archives of Internal Medicine* discovered a possible link between low testosterone and an increased risk of death.

According to Dr. Daniel Thomas, “While men’s and women’s testosterone levels will naturally fall slowly as they age, the researchers found a much swifter decline in testosterone levels than would have been expected with aging alone. In other words, the trend did not appear to be solely related to getting older.” The researchers couldn’t explain their findings, but suspected that some sort of pollution is responsible for the dramatic, population-wide fall in testosterone. According to Dr. Thomas, “Too little testosterone can have a profound impact on our health and longevity.”

When one cannot produce optimal amounts of testosterone, rejuvenation and repair of tissues and organs will slow. This can cause health to decline and aging to accelerate. To restore healthy hormone levels, Dr. Thomas and other physicians perform an advanced treatment called *Hormone Pellet Therapy*. As a result of treatment, men and women aged 35 to 75 are enjoying renewed health and vitality including increased energy levels, improved sex drive, increased mental sharpness, improved sleep, decreased body fat, increased muscle mass and strength, more stable moods, less joint pain and muscle aches, improved cholesterol and blood sugar levels, increased bone density, fewer migraine headaches, reduced hot flashes and night sweats, less vaginal dryness and breast tenderness, and stronger erections.

Hormone pellets are tiny, and are placed painlessly beneath the skin where they dissolve slowly over several months. According to Dr. Thomas, “Unlike most pills, patches, creams, and injections, hormone pellets are derived from plant sources—not animal. Pellets are a more natural and physiologic way to deliver estrogen and testosterone, by providing a more stable and balanced level of hormones utilizing lower dosages.”

Dr. Daniel Thomas, D.O. practices in the Orlando, Florida area. With 20 years of clinical experience, Dr. Thomas has been a forward-thinking leader in preventive medicine—first by helping to pioneer and teach some of the most advanced procedures for the treatment of age-related vein disease—and later by specializing in Hormone Pellet Therapy. Dr. Thomas is a recipient of the American Medical Association’s *Physician Recognition Award*.

For more information, visit www.FeelYoungAgain.info/Article.pdf or call 407-781-2990.

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